

THE CHOICE IS YOURS MANIFESTO

From this day forward, I, _____,
excitedly, powerfully, and willingly CHOOSE
with intention!

I CHOOSE to remind myself that I always have a choice.

I CHOOSE to give myself permission to choose.

I CHOOSE to take personal responsibility, which is my ability to respond vs. react.

I CHOOSE to change my stories that “suck” into stories that serve myself and others.

I CHOOSE to operate from a BE → DO → HAVE mindset.

I CHOOSE to invite my highest and best aspects of me to sit at the head of my table.

I CHOOSE to be guided by my purpose statement.

I CHOOSE to release conflicting intentions and align with my true desires.

I CHOOSE to see my triggers as my teachers and learn from my lessons.

I CHOOSE to check IN before I check OUT.

I CHOOSE to feed the good within me and ripple that out to the world.

I CHOOSE to honor that my choices matter personally and globally.

I CHOOSE to tap into my power and take charge of my life.

I CHOOSE to live and lead with more joy, ease, and purpose.

I CHOOSE to remember that the choice is always mine.

And so it is! ←

SIGNED _____ DATE _____